DAY:	DATE:

Time	Food and Liquid Consumed	Place	B V/L	Circumstance
	-			
			7-	
	\			
	\			
	C	OLACES	LIELTED	
	5	OLACE 3	SHELTER	

B= Bulimic episode, V/L= Vomiting or laxative use; *= episode of eating viewed by the patient as "excessive" should be marked in column "B"